



The Devil Wears Prada - A Psychology Discussion Guide

Becoming what you do.

1

How does Andrea's work identity change from the beginning to the end of the film? What moments drive that shift?

2

In what ways does excelling at work create both opportunity and cost for Andrea? What trade-offs stand out?

3

How does Miranda Priestly influence Andrea's sense of self, and what does that reveal about power and identity?

4

When does Andrea compromise her values, and when does she hold her ground? How do those choices shape the outcome?

5

What does the film suggest about becoming who you are versus becoming what you do?

6

If you were advising Andrea at the start, what would you encourage her to protect as she pursues her goals?



WORK IDENTITY

The beliefs, roles, and stories we attach to our work that shape how we see ourselves and how we think others see us.



VALUES-BASED DECISION

A choice that aligns with what matters most to you, even when it is difficult or comes with a cost.



DR. MICHAEL ZAKALIK, PSY.D.
Psychologist for Parenting | Z Psychology



Understanding
minds.



Strengthening
connections.

