

THE PSYCHOLOGY OF MINIONS

The Need to Belong, Finding Purpose, and the Power of Connection

DISCUSSION GUIDE

We all want to belong.
When we do,
we can do amazing things
together.

1 THE NEED TO BELONG

- ♥ What does the story teach us about wanting to belong?
- ♥ Where do we see the characters searching for acceptance?
- ♥ How do we feel when we are left out?

2 THE SEARCH FOR PURPOSE

- ♥ What was the goal the characters were working toward?
- ♥ How did having a purpose give their lives meaning?
- ♥ What gives your life a sense of purpose?

3 MISSTEPS ARE PART OF THE JOURNEY

- ♥ What mistakes did the characters make?
- ♥ What did they learn from those mistakes?
- ♥ How can we keep going when things go wrong?

4 CONNECTION CHANGES EVERYTHING

- ♥ How did working together help the characters?
- ♥ What happened when they stopped thinking only about themselves?
- ♥ How does connection make us stronger?

5 YOU ARE MORE THAN WHAT YOU DO

- ♥ What made the characters feel proud?
- ♥ Was it power, success, or something deeper?
- ♥ What makes you feel valuable and important?

6 PURPOSE GROWS WHEN WE BELONG AND MATTER

- ♥ How did belonging help the characters grow?
- ♥ How can we help others feel like they matter?
- ♥ What can we do this week to build connection?

Great conversations build deeper connection.
Listen with curiosity. Speak with kindness.



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Understanding minds.

Strengthening connections.