

THE PSYCHOLOGY OF NATIONAL TREASURE

Identity, Inheritance, and the Search for a Larger Story

DISCUSSION GUIDE



1 REFLECTION

- How does this story connect with your sense of identity?
- What parts of who you are feel most shaped by your past?
- Where do you feel you belong—or long to belong?



2 CONNECTION

- What stories about your family have been passed down to you?
- What values, traditions, or beliefs have you inherited?
- What do you hope to pass on to the next generation?



3 THEMES & INSIGHTS

- What “clues” or symbols stand out in this story—and why?
- How does the search for meaning show up in your own life?
- What gives your life purpose beyond personal success?



4 TAKEAWAYS

- What does this story reveal about becoming part of something bigger?
- How can knowing your story help you make sense of where you're going?
- What might your “larger story” be inviting you into?



5 TRY THIS

- Write a letter to your future self about the story you want to live into.
- Name one small step you can take this week that aligns with your purpose and values.

GROUP GUIDELINES



Listen with respect.



Share honestly.



No fixing or judging.



Take care of yourself and each other.



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Understanding minds.



Strengthening connections.