

This guide helps families and friends talk about jealousy, belonging, and what really matters in our relationships.

TOY STORY: The Fear of Being Replaced

DISCUSSION GUIDE

Explore together. Listen deeply. Grow closer.

Great conversations build strong connections.

1 A NEW ARRIVAL

When something new shakes a safe place

- What changes can make someone feel left out or replaced?
- How might a toy (or a person) feel in that moment?

2 THE TENDER NEED UNDERNEATH

Do I still matter?
Am I still loved?

- What does everyone want most deep down?
- How can we show someone they still matter?

3 WHEN FEAR BACKFIRES

Protecting our place can put it at risk

- How can fear make us act in ways that hurt others?
- What are healthier ways to handle fear or jealousy?

4 FROM RIVALRY TO FRIENDSHIP

Common ground turns a rival into a friend

- What do we have in common with others?
- How can teamwork and kindness help build friendship?

5 FINDING YOUR TRUE WORTH

Being loved matters more than being impressive

- What makes someone valuable beyond what they do?
- How does knowing we are loved help us feel secure?

6 HOLDING ON AND LETTING GO

Security helps us handle change

- What helps us feel safe when change happens?
- How can we make room for new people, new roles, and new adventures?

TRY THIS TOGETHER

- ♥ Notice when someone feels left out.
- ♥ Offer a kind word or invitation.
- ♥ Celebrate what makes each person special.

REMEMBER

We all want to be seen, valued, and loved. When we feel secure, we can welcome others with open hearts.



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Understanding minds.



Strengthening connections.